



MAISON PROUST

PARIS



# LA MER

*« La beauté peut être la plus noble des signatures. »*

Marcel Proust



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PARIS



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❧ THE STORY OF AN ENCOUNTER ❧

La Maison Proust invites La Mer into the intimacy of its Spa, at the heart of the Marais.

We are delighted to welcome you in a luxurious and confidential Oriental-themed decor, for a moment out of time.

With a constant concern for listening and striving for perfection, a team of professionals will meet all your expectations and wishes to provide you with the best care.

La Mer offers you tailor-made and innovative services, with a focus on perfecting the right technique. Thanks to personalized treatment protocols provided at Maison Proust, you can experience an exceptional journey in an atmosphere of absolute relaxation



Combining luxury and tranquillity,  
LA MER invites you to a multi-sensory  
experience for a unique sense of well-being.

These personalized treatments highlight the  
Miracle Broth™, a transformative ingredient  
at the heart of all LA MER products.

Tailored treatments for the harmony  
of body and mind.

All our treatments are equally suitable  
for women and men.





EXCLUSIVE FACIAL TREATMENTS



# LA MER



## THE GENAISSANCE DE LA MER FACIAL

This treatment uses exclusive massage techniques that instantly regenerate and transform the skin with the Miracle Broth™ Crystal.

A specific facial drainage massage phase followed by toning techniques stimulates the skin to enhance the benefits of the treatment. The skin appears visibly regenerated as if defying time.

90 min - 335€





CUSTOMISED FACIAL TREATMENTS



# LA MER

*These luxurious treatments offers, through unique applications and massage techniques, to meet all of your skin's needs. Infused with the precious Miracle Broth, these treatments will provide your skin with all the energy it needs to regenerate.*

## LIFTING FACIAL

This treatment targets the contours of the face using lifting massage techniques and the regenerating energies of the Miracle Broth™ for visibly younger-looking skin.

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60 min - 240€

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75 min - 295€

## HYDRATING RADIANT FACIAL

The Miracle Broth™ and unique energizing massage techniques provide deep hydration and plump the skin from within.

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60 min - 240€

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75 min - 295€



## SIGNATURE MASSAGES

*Guided by heart and intuition, attentive to all your wishes, our experts accompany you to provide you with all the well-being you need.*

### **MAISON PROUST SIGNATURE MASSAGE**

This delicate massage provides a real sense of well-being and muscular relaxation. Slow, enveloping, and harmonious movements soothe the body for a sensory break and a moment of deep serenity. An invitation to let go...

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60 min - 200€

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90 min - 300€

### **RELAXING MASSAGE**

Consisting of long and firm movements, this massage effectively helps to relieve tension. With its stretching techniques targeted toward muscular relaxation, it promotes deep relaxation, reduces physical stress, and facilitates body recovery.

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60 min - 200€

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90 min - 300€

### **REVITALIZING MASSAGE**

Ideal for athletes, this deep-tissue massage provides intense relaxation and relief. Its deep and toning maneuvers promote a restorative state of well-being following physical activity, improving body mobility, and alleviating muscle pain.

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60 min - 200€

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90 min - 300€





## REMODELLING MASSAGE

This personalized body and mind care combines the well-being of a personalized massage with the expert diagnosis of the practitioner, to meet all your expectations for a moment of total relaxation.

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60 min - 200€

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90 min - 300€

## SLIMMING MASSAGE

Specially designed to provide an immediate anti-cellulite lifting and reshaping result. Its combination of firm pressure, rhythmic movements, and rapid pumping helps activate blood and lymphatic circulation, to reduce fatty deposits and minimize the appearance of cellulite.

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60 min - 200€

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90 min - 300€

## EXPECTANT MOTHERS MASSAGE

Massage specially designed for expectant mothers for total and deep relaxation. Blood and lymphatic circulation is improved (from the 2nd trimester of pregnancy).

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60 min - 200€

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90 min - 300€





🌿 BODY TREATMENTS 🌿

## BODY SCRUB

Exfoliated, the skin instantly becomes softer and more radiant.  
Ideal before a body wrap or a massage.

\_\_\_\_\_ 45 min - 160€



## 🌿 THE MAISON PROUST RITUAL 🌿

Treat yourself to a timeless escape that will allow you  
to discover the double magic of silky smooth skin and  
a moment of softness and well-being.

\_\_\_\_\_ 90 min (*30 minutes of body scrub, 60 minutes of massage*) - 300€





## BEAUTY TREATMENTS



Hands Beauty

Hands Beauty & Nail Polish Application

Foot Beauty

Foot Beauty & Nail Polish Application

_____	125€
_____	160€
_____	125€
_____	160€

Blowout

Updo

Evening hairstyle

_____	170€
_____	210€
_____	210€

Daytime makeup

Evening makeup

_____	185€
_____	210€



## **OPENING HOURS**

The LA MER Spa is open every day from  
8am to 8pm.

We are available by phone  
by dialing 9 from your room,  
+33 1 86 54 55 55 from outside  
or by email at [contact@maison-proust.com](mailto:contact@maison-proust.com)

## **YOUR ARRIVAL AT THE SPA**

We recommend that you arrive 15 minutes before  
your scheduled treatment time. Late arrivals will not  
extend the duration of the reserved treatment.

## **CANCELLATION POLICY**

Any modification or cancellation of treatments must  
be made at least 5 hours in advance. After this time,  
the full amount of the service will be charged.



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